



Rita M. Poulin

September 9, 1957 - May 30, 2017

Saratoga Springs - Rita M. Poulin, 59, of Saratoga Springs, passed away surrounded by her family on Tuesday, May 30, 2017.

Born and raised in Albany, Rita graduated from Russell Sage College with a degree in Business.

Following her studies, she was employed with General Electric and continued working within the company for over 40 years until the time of her passing. Not only a committed hard worker and diligent employee, Rita was also a devoted fan of the New York Yankees and Dallas Cowboys. She loved traveling, cooking, golfing, skiing, and spending quality time with her many friends and family.

Rita is the beautiful daughter of the late Raymond Marie and Anita Estelle Poulin, dedicated sister to Raymond (Patricia) Poulin and Robert Poulin, and special Aunt and Godmother of Jessika Poulin. She is survived by several aunts, uncles, cousins, colleagues, and friends.

Services and burial will be private to immediate family.

In lieu of flowers, contributions in her memory may be graciously made to The Community Hospice of Saratoga County.

To leave Rita's family a message on their guestbook, light a candle, or view other helpful services, please visit www.mcveighfuneralhome.com

Tribute Wall



“ *Rita M. Poulin*

October 08, 2023 at 09:24 PM



“ *Rita was one of the first people I met when I started at GE over 30 years ago. Our paths crossed so many times and always loved working with her. Tough as nails but also super sweet. Completely stunned by her untimely passing. My condolences to her family.*

Karl Sindel - June 06, 2017 at 05:05 PM



“ *Rita was my manager for a period of time at GE. I admired her candor and expertise. I knew I could always trust her and count on her for support. She was one-of-a-kind and will be missed. Praying for her family and friends during this difficult time.*

Lauren Komp - June 06, 2017 at 01:36 PM



“ *My thoughts and prayers go out to Rita's family. I will miss her very much. I loved working with her. She was extremely knowledgeable, hardworking, and organized. She was also a wonderful friend who was so thoughtful and caring. I will never forget her and feel blessed to have had to the opportunity to call her my friend.*

Michele Mueller - June 05, 2017 at 10:30 AM

MF

“ Rita was a wonderful person, so caring, and could solve any challenge presented to her. She would help bring all of us along to find a way forward around a common goal. It was a pleasure to have the opportunity to work with Rita at GE. I will miss her very much.

Mary Anne Faro - June 04, 2017 at 06:59 PM

MW

“ Rita was a dear friend and one of my managers at GE. She was extremely caring , thoughtful and hardworking. I am heartbroken and will miss her wit, our dinner or breakfast gatherings with the ladies, and her advice. My thoughts and prayers are with her family during this difficult time.

Michelle Woodley - June 02, 2017 at 09:00 PM

HS

“ I am heartbroken to hear the news of Rita’s passing. You are in my thoughts in this very difficult time.

Rita was my 3rd boss within GE. The thing that stood the most about her was her willingness to help. Every time I would go to her, she would always take the time to explain things even she was extremely busy. As I was just starting out my GE career, her actions & support meant that much more to me because they helped me gain the understanding and confidence to perform my job well.

While my heart is heavy, it’s burden is bit lightened by remembering her unique sense of humor and her love of certain foods.

I would like to share the following quote in her honor.

*...that best portion of a good man's life,
His little, nameless, unremembered, acts
Of kindness... (William Wordsworth)*

With my deepest and heartfelt condolences.

Hesham Sheikh

Hesham Sheikh - June 02, 2017 at 03:35 PM

MN

“ Rest In Peace my childhood friend. Orange Street memories forever.

Maria Nastasi - June 02, 2017 at 09:44 AM

MK

“ You don't know me, but I had the pleasure of meeting Rita a couple of times through our work at GE. I enjoyed her sense of humor and admired her professionalism. Her depth of knowledge was impressive, and she was always a great resource for me. I will miss her, and wish you well as your family celebrates her life but mourns her loss.

Mark Kresse - June 02, 2017 at 08:36 AM

RV

“ Rita was a remarkable person and very dear friend. There was no one like her! She always made me laugh and made any situation better. She was the most conscientious and dedicated person I have ever worked with, helping so many people. I will miss her terribly and never forget her. She will always be in my heart. Rest in Peace, Rita. I hope to see you again someday on the other side. My heartfelt condolences to Rita's family for such a tremendous loss.
Rosemary

Rosemary Vara - June 02, 2017 at 08:01 AM

JF

“ May you Rest In Peace my friend, you will always be in my heart. Much love and respect God bless you. Jose 🙏

Jose Fernandez - June 01, 2017 at 06:51 PM

EK

“ I am so sorry for your loss. Rita and I go waaaaay back. We had so many wonderful moments together!!! She was so dedicated to her company and worked so hard-nobody I know worked harder for GE than she did-nobody!!

ev kauffman - June 01, 2017 at 03:51 PM

MM

“ My sincere condolences to Rita's family. I enjoyed working with Rita. I could ask her anything, and she would give her honest, straightforward opinion, no holding back - I loved it! She was so smart, had a great sense of humor, and was always willing to help others. She will be missed.

Mary McDougall - June 01, 2017 at 01:50 PM

SZ

“ Rita was a no-nonsense straight shooter. So smart and always fun to work with... we had so many laughs. Whether sharing her political views or her love for the Yankees, she had tremendous passion and energy. She will be fondly remembered and sorely missed.

Steve Zarelli - June 01, 2017 at 10:53 AM

MP

“ Dear Ray Ray, Bobby, Patty, and Jessika,

my heart is heavy with the passing of my dear friend. God just doesn't make that many people like Rita, so full of class, style, love, and life! I will always cherish the talks, trips, and cups of tea that I shared with Rita throughout my entire life.

With my deepest sympathies - Marc Penesso

MARC Penesso - June 01, 2017 at 10:32 AM

DS

“ Rita was such an incredible person and colleague, my sincere condolences to you all on your loss. Rita will be very much missed by us all.

Dawn Smith - June 01, 2017 at 09:11 AM

RM

“ Rita, I have so many special memories with you. Gone way too soon. Rest In Peace my friend.

Rita (Loughlin) Maguire - June 01, 2017 at 09:10 AM

AW

“ Rita was my first boss at GE and friend. She was an awesome person and a very hard worker. She will be missed!

Amy Wilson - June 01, 2017 at 08:36 AM

DC

“ I worked with Rita for many years at GE. She was a lovely person and an inspiration in many ways. I will miss her tremendously. She will always remain in my thoughts and prayers.

Deb Casine - June 01, 2017 at 07:54 AM

MS

“ Ray, Bobby, Patty and Jessika - We are grateful to have had the precious gift of Rita for 40+ years of dedicated service at GE. Our hearts are breaking with you at her passing. Our smart, witty, tenacious Rita Mary Marie! Through her efforts thousands of Men and Women of GE and their families were served and cared for. She touched the hearts of many. As a friend we will miss her terribly - knowing our lives are much more full for having the gift of Rita in them. God bless you - and please know our hearts and prayers are with you.



Marybeth Stevens-Carhidi - June 01, 2017 at 07:28 AM

DP

So very sad to learn that Rita has died. She was a terrific colleague and friend. She was also a loyal user of our fitness center at the main plant - usually leaving as I rolled in at 7:00 AM. Rest In Peace.

David Pratt - June 01, 2017 at 01:06 PM

BP

“ Rita was my boss, my mentor but most importantly my friend. I will treasure our friendship and miss her always. She loved my dog Gracie and Gracie misses her already.



beth paquin - May 31, 2017 at 07:57 PM

AG

“ Rita was a tremendous work colleague ... she was smart, able to handle numerous complex tasks simultaneously, eager to help and always had a positive thought to share. Simply put: Rita was a "shining star" on the GE corporate benefit team. Whenever we had an employee issue or concern that crossed Rita's desk ... she went to great lengths to get it resolved. My thoughts and prayers are with Rita's family during this challenging time. May God embrace each of you with his love.

A. Mark Guthrie - May 31, 2017 at 07:50 PM

BU

“ Rita was one of a kind and the most generous, kind, and thoughtful friend. I will miss her very much.

Butch - May 31, 2017 at 07:12 PM



Rita was a gem of a friend. She gave of herself unselfishly to anyone in need of her help. I thought of her as a sister and can't imagine how her family feels about such a loss. She will be missed. Love, Ginny and Peter Proestakes

Ginny Proestakes - May 31, 2017 at 07:30 PM

JB

My friend Rita had a personality like none other. Quick witted and honest. A gentle and caring soul for all she knew and for all those whom she helped throughout her career who have no idea how fortunate they were to have had her touch their lives. We will always be grateful for having had Rita in our lives. Joanie Butler

joanie butler - May 31, 2017 at 08:20 PM

CP

Rita was a blessing to us all. I miss her deeply. Chris Prokopiak

Christine Prokopiak - June 01, 2017 at 06:45 AM

JF

Rita was my very first friend at GE and she was truly one of a kind. She gave herself to her family and friends unselfishly and was always there for you when you needed her. I will miss you Rita but never forget you. Rest In Peace my friend.

Judi Fazioli - June 01, 2017 at 06:58 AM

SB

I met Rita at Russell Sage. She was a wonderful mix of being one of the friendliest people I met at school and a fierce competitor for the best grade in economics to a game of Bocce Ball. We connected again later at GE and struck up our friendship again. Rita was a straight shooter and called it like she saw it. Rita never let the unimportant stuff get in the way. I will miss our conversations about current events and Rita's ability to convey her strong opinions while trying not to discount your view - even if it was opposite of hers. You always knew where Rita stood on a topic. She was a breath of fresh air.

Stephanie Burns - June 01, 2017 at 07:58 AM

LD

My condolences to Rita's family. A colleague that I looked up to, learned so much from and always enjoyed a spirited dialogue about benefits with. A vibrant energy on our team. You will be missed Rita.

Lorri Dunleavy - June 01, 2017 at 08:17 AM

KG

Rita helped me professionally when I joined GE 7 years ago but it will always be the personal things I remember much much more - we shared laughs and jokes and would bust each others' chops and I am richer for having known her. My sympathy is with all of her family and friends and loved ones.

Ken Golden - June 01, 2017 at 08:27 AM

SH

Truly a sweet and kind friend who will be missed by many. Happy and full of joy and giving in every way to the people around her. We shared many laughs and good times together in GE and outside. She was fun to have jokes with at all times. My sympathy is with all of her family.

Sharon - June 01, 2017 at 08:38 AM

JU

I worked with Rita as a vendor of GE. She was my primary contact for years. A wonderful, down-to-earth person who treated everyone with respect and friendship. My sincere sympathy to all her family.

Judy - June 01, 2017 at 09:34 AM

JA

Rita my friend, you will be missed! You make me smile as I think about the laughs and fun we had partnering on various initiatives. Your no nonsense, honest, get it done attitude will always be remembered. Thank you for your friendship. May you rest in peace. My thoughts and prayers are with all of you. Joyce Alescio

Joyce Alescio - June 01, 2017 at 11:04 AM

DB

I worked with Rita throughout the 1980's at GE in building 40. Rita was a go to employee...sharp as a tack with a great sense of humor. One of Frank Murphy's favorites! She always talked about her family so I can imagine your loss. My deepest sympathies to family members...Rita was one wonderful person and friend.

Dennis Babin

Dennis Babin - June 01, 2017 at 09:39 PM

JT

A teacher, mentor and friend. She called it like she saw it. She was determined and dependable and would pick you up if you stumbled and fell. I am a richer person for knowing her. To her family I hope you find comfort in your memories as I have no doubt there are many great ones. Jacquie Timpanaro

Jacquie Timpanaro - June 02, 2017 at 03:05 PM

DR

Bobby, Ray, Patti, & Jessika,

My thoughts and prayers are with you. A light above has gone out with the passing of Rita. She was an understanding, kind, caring person, and will be greatly missed. I will miss her great Sausage Stuffing at Thanksgiving and our talks. I will treasure the memories that I have. She passed way toooo soon!

Donna Roy

Donna Roy - June 06, 2017 at 08:00 AM