



Neal J. Benoit

July 4, 1960 - May 25, 2019

Albany - Neal J. Benoit, age 58, passed away on May 25th, 2019.

Neal was an “Independence Day baby,” born on July 4th in Ticonderoga, NY. Neal went to Warrensburg High School and later earned two bachelor’s degrees from Siena College in Computer Science and Accounting. Neal worked as a self-employed computer consultant for his adult life, but his passion was in writing, teaching and helping others.

He was an inspiration to many, and always encouraged people to be the best versions of themselves. To that end, he began a self-help blog called “Daring Ways”, where he shared his wisdom on taking chances and living life to the fullest. He also started a blog educating others on the sport of horseracing, which was his favorite pastime. He loved summer days at the Saratoga racetrack, drinking a beer and reading the racing form surrounded by his family and friends.

He was a gentle, caring, and loving man who was loved in return by so many. He was a true family man, and he cherished his wife and two children above all else. He was a kind and patient father and a devoted and loving husband.

Neal is survived by his wife of 36 years, Deborah (Vautrin) Benoit, who was the love of his life and soulmate. He is also survived by his two children, Michael Benoit and Courtney Benoit, who he was so very proud of. The greatest joy of his life was raising his kids and watching them grow. He was the son of Neila Benoit and the late Norman Benoit, and brother to Tracy (Tammy) Benoit and Eric (Sandra) Benoit. He was uncle to numerous nieces and nephews, and son-in-law to the late Laurette and William Vautrin, who he loved and cherished dearly. He is survived by a multitude of devoted friends, who offered him unending support and love throughout his life and recent illness.

To leave a message for Neal's family, light a candle, or view other helpful services, please visit www.mcveighfuneralhome.com

Tribute Wall



“ *Neal J. Benoit*

October 08, 2023 at 09:24 PM



“ *Debbie, Michael and Courtney,
I am so sorry to read about the passing of Neal. He was a wonderful man who really care for all of you. I use to enjoy our talks when he came into school for the many functions that were going on at SR. He always had positive ideas and loved life. He also was so proud of Michael and Courtney accomplishments. My thoughts and prayers are with you and your family. Jo-Anne Hines*

Jo Anne - June 02, 2019 at 11:57 AM



“ *Deb, Michael and Courtney,
I'm so sorry to read of Neal's passing. I have wonderful memories of him and our days shared at Shaker Elementary. He was a kind and caring man. I admired him as a parent and his involvement with his family, always prioritizing them. He was truly one of a kind.*

Susan Bredice - June 02, 2019 at 11:09 AM

ES

“ Sad to learn of Neal's passing from this earthly plane. I have fond memories of Neal from our local Toastmaster's club were he was an active participant in our club, consummate cheerleader and skilled orator. I recall helping him tune up a speech for a contest that had a repetitive refrain, "stay safe, stay comfortable!" which was a creative call to action to do just the opposite. I see that is how Neal lived.....always pushing the envelope and nudging others along our journeys to respond in kind. Timely counsel. May Neal's family find comfort and peace in the ripple effect of Neal's time here extends far and wide. I, like many, will carry a bit of Neal in my heart as our journey unfolds.

Eric Sanborn - June 02, 2019 at 09:17 AM

BT

“ So sorry to learn this news. I have fond memories of Neal from our children's days at Shaker Road. Deb, Courtney and Michael- you're in my thoughts and prayers.

Barb Talbot - June 02, 2019 at 09:00 AM

 Corrina Meade

“ Wish I could take away your pain. Our hearts are broken but Neal is finally free from suffering. Love you all.

Corrina Meade - May 30, 2019 at 01:29 PM

DB

Thank you Corrina and Tim. We both enjoyed our time with you both and hope to get together with you when Neal was feeling better. He was such a great beautiful man and just wanted to share so much insight into helping others better themselves especially after all he went through. The world lost a great man

dbenoit1@nycap.rr.com - June 01, 2019 at 12:08 AM

MM

“ Our deepest condolences to you and your family for the passing of Neal. He is now at peace and will always be with you for eternity.

marie mckinney - May 29, 2019 at 08:31 PM

CW

“ I am so sorry to hear of Neal's passing. A truly wonderful man who loved his wife and children with all that he had. An extremely talented writer who I had the pleasure of knowing. My deepest sympathies.

Cortnee Whipple

Cortnee Whipple - May 29, 2019 at 05:36 PM

LK

“ Dave and I are so very sad for you and your family's loss Deb. Neal was a wonderful man and we were delighted to work with him several years ago. So very sad for you all and we are thinking of you.

Dave and Laura Knussman

Laura Knussman - May 29, 2019 at 02:50 PM

CB

“ Debbie, Michael and Courtney, my love and prayers go out to all of you. I am so very sorry for your loss.

With loving thoughts, Colleen Boudreau

Colleen M Boudreau - May 29, 2019 at 12:47 PM



PM

“ *Deb*

I was so sorry to hear of Neal's passing. He was such a special person who was a pleasure to know and work with over the past years. His smile and enthusiasm for everything he did is something I will always remember. Please know that you, Courtney and Michael are in my thoughts and prayers.

Patty Murphy

Patty Murphy - May 29, 2019 at 09:37 AM

MF

Debbie, we are so very sorry to learn of Neal's passing. You are all in our thoughts and prayers.

Mary FitzGibbon - May 30, 2019 at 07:03 AM

CF

I was truly saddened to hear of Neal's passing. I was glad to have gotten to know him and fondly remember our long conversations.

Charles Friedlander - June 04, 2019 at 12:02 AM

BS

“ *Debbie, Michael and Courtney, we are so sorry to hear of Neal's passing.. There really are no words except we are praying you find comfort in the life you shared with him and the memories that will live on through him.. his light will shine on you forever.. Bobbie and Mike Schermerhorn*

Bobbie Schermerhorn - May 29, 2019 at 09:28 AM

MM

We are so sorry to hear about Neal's passing. Debbie, Mike and Courtney know you are supported by dear family and friends to help deal with this difficult loss. Neal will be watching over all of you for eternity... God bless

marie mckinney - May 29, 2019 at 10:02 AM

RM

“ My heart is broken for all of you. We love you and we are here to give whatever solace we can. There are no words for how sorry I am for the loss of your husband, father.. What a beautiful picture of Neal.



Renee Miller - May 29, 2019 at 09:03 AM

RF

“ Robin Fifield lit a candle in memory of Neal J. Benoit



robin fifield - May 29, 2019 at 06:37 AM

RF

“ So many memories...my heart breaks for his family. Sending many prayers and much love. He had a laugh that I will never stop hearing. Hugs to all.

robin fifield - May 29, 2019 at 06:34 AM

JC

“ *Juanita Conlon-Lilienthal lit a candle in memory of Neal J. Benoit*



juanita Conlon-Lilienthal - May 28, 2019 at 10:12 PM

JC

Praying for the family during this time of great loss. I remember many holidays, as child, being up at Granny's with all my cousin of which Neal was the eldest. I send my love ❤️

juanita Conlon-Lilienthal - May 28, 2019 at 10:14 PM

CF

Debbie, Michael and Courtney, you are in our thoughts and prayers. Sending love and hoping you find comfort in beautiful memories.

Colleen Daigneault Farrell - May 29, 2019 at 09:51 AM

PB

Debbie, I am so sorry for your loss. When I think of Neal, I think of his involvement at school and the plays and always having a smile on his face.

You and your children are in my thoughts and prayers. If I can do anything for you, please let me know or stop over anytime.

Peg Bonneau

Peggy Bonneau - June 04, 2019 at 10:49 AM