



## Michael George Harmon

November 17, 1956 - April 28, 2016

Cohoes- Michael George Harmon, 59, died peacefully in his sleep at his home in Cohoes on Thursday, April 28, 2016. Born in Albany he was the son of Thomas Harmon and the late Ellen Fay Harmon.

Michael was a graduate of Albany High School, and received his Bachelor of Science in Physics at University of California, San Diego. He served in the United States Navy during the Vietnam Era, and worked for the NYS Department of Health Bureau of Environmental Radiation Protection for the past 15 years. Michael was a volunteer for RISE Radio, a radio information service for the blind and print disabled in the Capital Region and Hudson Valley.

Michael was a member of the Cohoes-Waterford Elks and the Albany Ancient Order of Hibernians. He was an outdoors enthusiast, an avid nature photographer, and was conscientious about environmental conservation. He loved to kayak on local waterways, always careful not to disturb the flora and fauna. He will be missed by all who knew him.

In addition to his father, Michael is survived by his brothers and sisters: Mary Ellen O'Connell (James), Thomas Harmon (Laurie), Karen Law, William Harmon, John Harmon (Maureen), Maureen Harmon, Phyllis Blow (Steven), and the late David Harmon and James Harmon; also survived by many nieces

and nephews.

Relatives and friends are invited and may visit with Michael's family on Wednesday, May 4, 2016 from 4:00 to 6:00 pm at the McVeigh Funeral Home, 208 North Allen Street, Albany.

A funeral service celebrating Michael's life will be held at 6:00 pm in the funeral home.

Those wishing to remember Michael in a special way may send contributions to RISE Radio at <http://www.wmht.org/radio/rise/>

To leave Michael's family a message on their guestbook, light a candle, or view other helpful services, please visit [www.McVeighFuneralHome.com](http://www.McVeighFuneralHome.com)

# Previous Events

## Visitation

MAY 4. 4:00 PM - 6:00 PM (ET)

McVeigh Funeral Home, Inc.  
208 N Allen St  
Albany, NY 12206  
(518) 489-0188  
info@mcveighfuneralhome.com  
<http://www.McveighFuneralHome.com>

## Service

MAY 4. 6:00 PM (ET)

McVeigh Funeral Home, Inc.  
208 N Allen St  
Albany, NY 12206  
(518) 489-0188  
info@mcveighfuneralhome.com  
<http://www.McveighFuneralHome.com>

# Tribute Wall



“ *McVeigh Funeral Home, Inc. created a Tribute Video in memory of Michael George Harmon*



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**McVeigh Funeral Home, Inc.** - May 04, 2016 at 10:13 AM

SA

*What is song title and singer?*

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**sam** - May 05, 2016 at 06:35 AM



“ *Michael George Harmon*

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October 08, 2023 at 09:24 PM

SL

“ *1 file added to the tribute wall*



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**Sylvia Lee** - June 23, 2016 at 08:47 PM

SL

*This photo is from an article from the Troy Record News posted on 11/18/09. Here is the link to the article:  
<http://www.troyrecord.com/article/TR/20091118/NEWS/311189997>*

Sylvia Lee - June 23, 2016 at 08:50 PM

SL

“ 7 files added to the album *Early 90's in California*



Sylvia Lee - June 23, 2016 at 12:20 AM

SL

*I found some old photos of Mike of when he first started living with my family in Irvine in the early 90's. Thought I would share with his family and friends. Miss you, Mike. Thanks for your love and friendship and lots of good memories. Thanks for all the good talks, I learned so much from you!*

Sylvia Lee - June 23, 2016 at 12:58 AM

MO

“ *your family. May the words at Isaiah 25:8 bring you comfort during this time "He will swallow up death forever, And the Sovereign Lord Jehovah will wipe away the tears from all faces.*

Montana - May 27, 2016 at 02:12 PM

MR

“ Thinking of Mike today and missing his presence among us. He touched so many people in so many ways. It was a blessing to have known him.



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**Mary Bailey Rogers** - May 17, 2016 at 02:30 PM

DN

“ As a former colleague of Mike's for several years in the Department of Health, I always enjoyed Mike's company and his positive and humorous outlook on life. I will miss talking with him again on my occasional visits to the Bureau since my retirement 3 years ago. I am making a donation to WMHT's RISE program in his memory and send my condolences to Mike's family on his untimely passing.

*Denis Nadas*

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**Denis Nadas** - May 17, 2016 at 10:10 AM

SL

“ Sylvia Lee lit a candle in memory of Michael George Harmon



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**Sylvia Lee** - May 09, 2016 at 04:42 PM

SL

*Mike, I can't believe you are gone so soon. I will miss our conversations and hearing all your stories. We often think of you and will always remember you. So thankful that you were part of our lives.*

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**Sylvia Lee** - May 09, 2016 at 04:53 PM

BL

“ It has been probably 15 years or more since I last talked with Mike, he lived with our family in Irvine for many years and became like another member of our family. In the past couple of months I have been asking my sister to try and get his contact information because I was sensing a desire to reconnect after so many years and catchup, so to my sadness I heard from my sister recently that he is no longer with us.



Mike was truly a sincere soul, always willing to talk and be helpful, I can remember how he was so kind and also venerable with his own life journey.

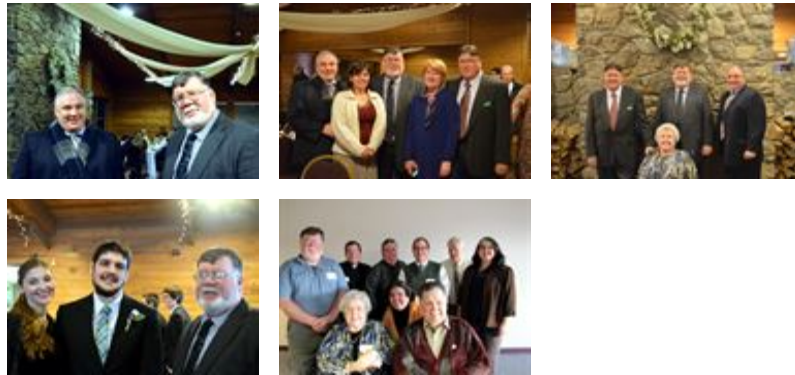
We all miss you Mike. - The Lee Family out in California

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Bob Lee - May 09, 2016 at 02:37 PM



“ 22 files added to the album Life Tributes



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McVeigh Funeral Home, Inc. - May 04, 2016 at 10:06 AM

JM

“ *Michael was a warm, friendly generous soul and he will be missed. So sorry for your loss.* ”



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**Jo Ann Maccue** - May 03, 2016 at 08:56 AM

CA

“ *Cathy Anderson-Harmon lit a candle in memory of Michael George Harmon* ”



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**Cathy Anderson-Harmon** - May 03, 2016 at 08:18 AM

VR

“ *Michael was a truly special person. I first met him as a Union delegate and steward and one evening I invited him to the Cohoes Waterford Lodge when I was bartending and next I sponsored him as a member. Helped out whenever and wherever he could and everyone liked him. I will miss his gentle spirit, the wonderful conversation we had, cooking the fried dough at the Lodges yearly bazaar and being my co-chairperson (MC) at our yearly Basket party. You will be missed my friend.* ”

*Valerie Ridgeway*

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**Valerie Ridgeway** - May 03, 2016 at 07:52 AM



“ 1 file added to the album *Toastmaster*



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**Troy Ny** - May 02, 2016 at 01:27 PM



“ 4 files added to the album *Toastmaster*



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**Troy Ny** - May 02, 2016 at 01:27 PM



“ *To Mike's family:*

*I am so sorry to hear about Mike's passing. He was a kind person and will be missed at work. God bless you all and he will remain forever in your heart.*

*Pat Burl*

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**Pat Burl** - May 02, 2016 at 10:20 AM

JB

“ 1 file added to the tribute wall



Joan Bobier - May 02, 2016 at 10:11 AM

SS

“ Too soon this goodbye my friend.

Sam Stallone - May 02, 2016 at 08:25 AM

PR

“ PriyaRajesh lit a candle in memory of Michael George Harmon



PriyaRajesh - May 02, 2016 at 07:48 AM

JC

“ Michael always greeted me on Saturdays with a warm smile, a "so glad to see you" and a big "brother" hug. Not only am I at a loss of words as to how much I will miss him but the world has lost a great man! I will miss your smiling eyes. My thoughts and prayers go to his family.



Jackie Citriniti - May 02, 2016 at 06:49 AM

MR

*I first met Mike at work, where I would sometimes see him making his commute by kayak on the Hudson. I chatted with him most Sundays at the Honest Weight Food Co-op and was always met by the warmest smile and brotherly hug. A highlight of Albany parades was getting Mike's attention for a hearty handshake as he marched with his Irish rowing group. I never heard him say anything negative about anyone, except perhaps about management when he was affiliated with our union. I am better for having known Mike. This world lost a beautiful soul. My thoughts and prayers are with his family and friend.*

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**Mary Rogers** - May 02, 2016 at 07:29 AM

CG

*Mike was a fellow Toastmaster. He was so willing to share what really mattered to him; his speeches were extraordinarily personal and moving. Not everybody has the courage to not only know themselves but to also reveal themselves. Mike will be missed.*

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**Cheryl G.** - May 02, 2016 at 08:50 AM