



## John F. Gottstein Sr

October 10, 1941 - August 11, 2025

Menands-John F. Gottstein, 83, passed away peacefully August 11th 2025 surrounded by loved ones. Born in Albany, NY October 10th 1941 to his loving mother Alberta Conley Gottstein whom he was so proud to have cared for at home until her passing.

John was a strong yet gentle man whose huge heart, generosity, and kindness towards others guided him through life. He was a true caregiver and was known to have helped friends, family, and even many strangers in need.

John attended Albany High School and, immediately after, joined the United States Marine Corps. in 1960 and completed his service in 1964. John started his career as a union ironworker with Local #12 and finished his career as a Teamster with Local #294.

John was a natural athlete. In high school, even as a freshman, he was a first string quarterback on the varsity team. Throughout his life he always kept active, participating in many sports, but his true passion was boxing. He'd be the first to tell you that he had worn out 6 heavyweight punching bags in his day.

John is survived by his son, John Gottstein Jr.; his daughter, Amy Gottstein; his grandchildren Ashleigh, Austin, Hailey, and Sydney. Survived also by

those he was a special Dad to, Mary Falvo and Matthew Steffens. He was predeceased by his siblings Joseph Gottstein and Carol Caban.

The family would like to extend extreme love and gratitude to Michael and Helen Wood for their ongoing support and selflessness.

A private family service will be held in honor of John's life.

To leave a message for the family please visit [www.McveighFuneralHome.com](http://www.McveighFuneralHome.com)

Donations in John's memory may be made to Community Hospice at [communityhospice.org](http://communityhospice.org) or by mail to 310 S. Manning Blvd. Albany, NY 12208.

# Tribute Wall

CG

“ Oh godfather, I'm sorry I missed your funeral! Oh lord this hits so hard! Big John was also one of my favorite uncles, his son john was my favorite cousin too. I have had not seen big John in couple years. I'm sorry cousin, I loved him like he was a father to me too. So proud of him as a boy! I bragged about him and my dad (his older brother Carl) being the toughest! What an alpha male John was, taught me to hit the heavy bag and the speed bag and several of those bags he split in my dad's garage with that unstoppable left hook! Larger than life but quiet in a powerful way. He moved like a jungle cat, and when we watched Rocky I thought my uncle was tougher than Sly, not even exaggerating 😊!

You talking to me?

I loved him,

rest in peace dear uncle John. You were the last of your generation and the greatest!

So sad to hear of your passing.

Love,

Carl

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carl gottstein - January 12 at 05:50 PM

LE

“ The first time that I met John we danced to Motown and he sang, well tried to sing, to karaoke. He was so young at heart and so full of life. As I learned more about him I recognized that this was a man who truly would give you the “shirt off his back” if he sensed that you were in need. And how he loved his children and grandchildren! He would have shouted this from the rooftop if someone asked him to. It was a privilege to have known him, and I will forever miss his passion for life.

*Lisa Emerick-Parker*

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**Lisa Emerick-Parker** - August 24, 2025 at 09:02 PM

CG



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**carl gottstein** - January 12 at 05:52 PM

EN

“ John was a gentle giant. Such a loving man. He loved his family as dearly as they did him. His son John, his daughter Amy and his dear friend Matt cared for him till the end. He had such kindness in his heart. He will be forever remembered with love.  
My love to all,  
Elaine Nevi

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**Elaine Nevi** - August 22, 2025 at 11:29 AM

CG



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**carl gottstein** - January 12 at 05:52 PM

JD

“ I am so very sorry to hear of the passing of my longtime friend John. My condolences to his family. I went to high school with John & Carl. After high school we spent a lot of time together, along with their father Dutch, at the Twist Palace on South Pearl St. In later years John, Joe Welch, Al Joslyn, and I would meet every Thursday evening at the Gateway Diner for coffee & dessert. We would talk about the great times we had and tell stories from the good old days. We did this every week for many years. Sadly the pandemic made us have to stop socializing but we still called each other frequently. His obituary perfectly sums up the kind of man John was. Kind, Generous, Giving and Caring. He was definately a giver and not a taker. I have always been grateful to call him my friend.

Jim DeMase

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Jim DeMase - August 20, 2025 at 12:16 PM

DC

“ My Condolences To My Dearest Friend, John and family. Your Dad was an amazing man, who adored his children and grandchildren beyond words. He was full of life and laughter. He was a true care giver to his mother and brother Joe. You John, are the mirror image of your Dad in that regard. You love hard, and no one adored your Dad more than you. You've looked out for him your entire adult life, and never left his side in the last 8 months of his life. You were his sole care giver, and he so loved you even more for your love and devotion. My love and prayers are with you always and forever. Your loss is heavens gain. Debbie❤️☐

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Debbie Ciccone - August 19, 2025 at 08:01 PM

MW

“ RIP



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**Michael and Helen Wood** - August 19, 2025 at 12:19 PM

MW

“ *John, Amy, and Matt,  
I have so many great memories of your dad and grandmother that I could write a book. They were both great friends and treated me like family. They both played a large part in my life. I miss your grandmother to this day and your dad is really going to be missed immensely. You and Matt did a great job caring for him especially in his final days. May his soul rest in peace. You and your family are in our thoughts and prayers.  
Deepest sympathies,  
Michael and Helen Wood*

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**Michael and Helen Wood** - August 19, 2025 at 11:56 AM

BH

“ *We all loved our Uncle John...but no one loved him more than our father, Carl, John's oldest brother. Dad and Uncle John enjoyed so many stories, laughs, and adventures with us as children. ❤️*

*Becky Gottstein Holden & Family*

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**Becky Holden** - August 17, 2025 at 06:13 PM

NS

*I never met John but did know his brother Carl. I was at his house on Norwood Street in Albany. I don't know why his father, Dutch, was not named in his obituary?*

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**Nick Solomos** - August 19, 2025 at 07:40 AM

MA

“ Johnny jr.....i used to see him regularly when he was shopping.....I would ask him to say hi to you ....martin

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**martin** - August 17, 2025 at 12:42 PM

MA

“ Dear John, Ira and I send our condolences to you and Matt on the passing of your father. From stories you shared and from his lovely obituary I see that he was a kind and generous person, and that you share many of his wonderful traits. Your capacity for compassion, caregiving, and selflessness in a time of need is so admirable, and I'm sure was greatly appreciated by your father. May you find peace, and cherish the fond memories. In sympathy, your neighbors, Margaret and Ira

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**margaret** - August 17, 2025 at 07:57 AM

SS

“ Scott Stanley lit a candle in memory of John F. Gottstein Sr



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**Scott Stanley** - August 16, 2025 at 09:09 PM

JM

“ Joyce Micare lit a candle in memory of John F. Gottstein Sr



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**Joyce Micare** - August 16, 2025 at 06:11 PM

JM

*To the Gottstein Family:*

*It is with my deepest Condolences for the loss of John. He was a good man and friend. John would always tease me about my height since he was so tall and I was so short. I was lucky, if I even came to his elbow. John will be missed by his family and friends. My thoughts and prayers are with you all at this difficult time. Joyce & Dan Micare*

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**Joyce Micare** - August 16, 2025 at 06:26 PM

JK

“ *John's family;*

*Please accept my sincere prayers and condolences for John's passing. He was a good man and a good friend. He looked out for and took care of many of his friends in their times of need. He will be missed. God Bless!*

*John Kearney*

*Sec./Treas. Business Agent (Ret.) Teamsters Local 294*

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**John Kearney** - August 15, 2025 at 11:33 AM