



Frieda Pankratz Sheehan

October 6, 1918 - September 12, 2013

Albany-Frieda Pankratz Sheehan, died Thursday, September 12, 2013 in the Hospice Inn at St. Peter's Hospital. Born in Klatovy, Czechoslovakia on October 6, 1918, she was the daughter of the late Josef Pankratz and Bertha Stroher Pankratz. Frieda was a graduate of the Handels Academie in Pilsen, Czechoslovakia and was employed as a secretary by the City of Pilsen.

She is survived by her husband, Michael J. Sheehan Jr. whom she met during WWII while he was serving in the US Army. She arrived in the USA on St. Patrick's Day March 17, 1947, Europe's gift to the USA and to her husband who enjoyed their long life together, "Für immer und ewig." She is also survived by her children and their spouses, Karin and John Rickards, Storrs, CT, Michele and Jerry Danish, Barrington, RI, Angela Sheehan and Franklin Laufer, Delmar, NY, Colleen and Jerry Towle, Albany, NY, Peter and Angela Sheehan, Severna Park, MD and Stephen and Peggy Sheehan, Old Saybrook, CT as well as 17 grandchildren and eight great grandchildren. In Europe she is survived by several nieces and nephews. She was predeceased by her siblings Katerina in Czechoslovakia, and in Germany, Angela, Lassa, and Ralph, nephews Siegfried and Hannes Lutha, and niece Karin Riess.

Frieda and her family lost their home in Czechoslovakia at the end of WWII. As a young girl, she had espionage experiences circa 1937/1938 traveling as

a pseudo family with future post-WWII German Cabinet Minister, Waldomar VonKnoeringen and his wife, who in 1937-38 were working for the British Intelligence Service gathering information about the buildup of German troops at the border of CSR before the invasion.

After six children, Frieda returned to Europe to visit her family for the first time in 1965. Frieda loved her family, devoting her life to caring for them, enjoying their progression through life to have careers and families of their own. She was a great cook, with a large repertoire of Austro-Czech-Hungarian recipes and was especially famous for her Austrian-style sauerbraten, knöedels, and 'secret' cookie recipes. In later years, she and Michael travelled almost yearly to Europe to visit family and with deceased friends Dick and Ruth Wiita. Michael said that Frieda had enriched his life through exposure to Europe, and its Old World culture and charm. They also enjoyed family vacations in Cape Cod and visits with old neighbors in Florida. She was a beautiful person and enriched the lives of all who had the pleasure of knowing her. We will miss her!

Funeral services Monday, September 16, 2013 at 9:30 am from the McVeigh Funeral Home, 208 North Allen Street, Albany thence to the Parish of Mater Christi, Albany at 10:00 am where a Mass of Christian Burial will be celebrated.

Relatives and friends are invited and may call Sunday, September 15, 2013 4:00 to 7:00 pm in the funeral home.

Interment St. Agnes Cemetery, Menands. Those wishing to remember Frieda in a special way may send a contribution to The Community Hospice Inn at St. Peter's Hospital, 315 S. Manning Blvd., Albany, NY 12208.

To leave the family a message on their guest book, obtain directions or view other helpful services, please visit www.McveighFuneralHome.com

Cemetery Details

St. Agnes Cemetery

48 Cemetery Ave
Menands, NY

Previous Events

Service

SEP **16**. 10:00 AM (ET)

Parish of Mater Christi
40 Hopewell Street (Rev. Kenneth J. Doyle Way)
Albany, NY 12208

Tribute Wall



“ *Frieda Pankratz Sheehan*

October 08, 2023 at 09:24 PM



“ *Michele, It is so long ago that I first met your mother. She made a flower for my lapel, when we went to the prom together and she took pictures of us in front of your grandfather clock. I am so sorry for your loss. My deepest condolences to you and your family.*
Joe Gioco

Joe Gioco - January 16, 2014 at 08:11 AM



“ *Angela and Family, I am so sorry for your loss. May your hearts soon be filled with wonderful memories of joyful times together as you celebrate a life well lived. This obituary was a beautiful tribute to her. ~Michelle Von Sutphen*

Michelle Von Sutphen - September 16, 2013 at 07:11 AM



“ *They say that marriages are made in Heaven and Mike and Frieda proved it !
Oma made an enormous difference to her family and anyone lucky to meet her.
To Mike, a beloved patriarch loyal to his family and faith, our deepest sympathies.
We love you Mike !
Eustace and Bennette Sermier.*

Eustace and Bennette Sermier - September 15, 2013 at 07:22 AM

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“ 1 file added to the album *New Album Name*



Stephen Sheehan - September 14, 2013 at 08:41 PM

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“ *My sincerest and warmest condolences to Mike and the family. The many dinners and visits that we shared will always remain my fondest memories.*

Marilyn Laufer (Gram)

Marilyn Laufer (gram) - September 14, 2013 at 07:50 AM

CK

“ *My sincerest sympathy to Mike and his family on the loss of a beautiful woman, Frieda. I have fond memories of all the DOT outings when she made me feel so welcome. She was a wonderful lady and an inspiration to all.*

Carolyn Koval (Mrs. Joseph Koval)

Carolyn Koval - September 14, 2013 at 07:23 AM