



## Thomas Joseph Forrest

September 19, 1938 - June 4, 2020

Albany-Thomas (Tom) Joseph Forrest (81) of North River, NY and Moss Creek, SC died on June 4th, 2020 sleeping peacefully next to his beloved wife, Sue. Tom was the devoted father to John Forrest (Carol Couture ), Charlotte Forrest (Jim Napoli), Tommy Forrest Jr. (Kristen Page) and the adoring grandfather to Jamie Napoli, Thomas Napoli, Page Forrest, Emma Forrest and Susan Forrest. Tom is also survived by his cherished sister Faith Turner Doherty and many loving nieces and nephews.

Tom married Sue almost 60 years ago. He proposed to her the first night they met in Florida during spring break. They spent their life together in Albany, Garnet Hill, and Moss Creek. They enjoyed tennis, golf, travel, most of all, the time spent with Tom's DKE brothers and their wives.

Tom was so proud of his son John Dennis who faces life's challenges with humor, insight and hard work. He also adored his daughter Charlotte, working hard to make her laugh when she became too serious. Tom and his son Tommy loved backcountry skiing together, going to the SuperBowl with Thomas and Jimmy, seeing the Giants beat the Patriots and winning the Moss Creek Club championship.

Tom was born in Albany, New York. He was the son of John A. Forrest and Agnes Nolan who died when he was four years old. He graduated from The Cranwell School, Colgate University and Albany Law School. He served for three years in the United States Navy, with tours of duty in South East Asia and in Cuba during the 1962 Missile Crisis. Tom was a partner in the law firm Rowley, Forrest, O'Donnell, and Beaumont located in Albany. After retirement, he worked with his son-in-law's NYC firm, bringing diligence and success to several liability cases.

One of Tom's greatest passions was playing and watching sports. He played hockey at Colgate University. He was one of the founding members of the Mohawk Lacrosse Club in

Albany. He played both lacrosse and ice hockey on local teams well into his forties. He enjoyed hiking, scuba diving, downhill and cross skiing and, and most of all tennis and golf. Sadly, he was a luckless fisherman.

Tom was President of the Albany YMCA in the 1980's, believing that all kids & families would benefit from physical exercise. He also served on several local boards in the North Country as well as in Moss Creek. He will be remembered as a resolute, caring, loyal man with a subtle Irish sense of humor who is greatly loved by his family and many friends.

A Memorial Mass will be held at a later date.

Contributions may be made to Glens Falls Family YMCA, 600 Glen St., Glens Falls, NY 12801

To leave a message for the family please visit [www.McveighFuneralHome.com](http://www.McveighFuneralHome.com)

# Comments

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“ A friend from childhood. We could almost see each others houses through the fence around the Mercy Nuns convent. Athletically, he never recognized the word quit.  
Mark Breslin

**Mark T. Breslin** - June 21, 2020 at 12:42 PM

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“ Tom was a kind and gentle man and it is an honor and privilege that we were able to enjoy his friendship these past 14 years. We love him and we will miss him!

With love and deepest sympathy to Sue and her family,  
Becky and Bob

**Becky Krell** - June 17, 2020 at 03:43 PM

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“ Sue. I tried to send this a few days ago, but it failed. Mary Anne and I want to say how we remember the many dinners at the Roost with you and Tom and our visit to the north country. We are honored to have known Tom. I recall our days years ago as lifeguards, etc. The obit photo is the man I recall; all smiles. When it is my time to go, I hope that i can go peacefully as Tom did. I am glad that he did not suffer for months as so many of our friends have. But, I wish it were ten years from now, We are at your service if there is anything you and the family desire..Stay healthy. Be happy with your memories.  
Peter Noonan

**peter noonan** - June 10, 2020 at 11:54 AM

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“ We extend our deepest sympathy to Sue and the whole Forrest family. We were always so happy to see you at First Lutheran and so enjoyed your friendship. We were sorry to see you go when you moved north. May fond memories and your strong faith in the promise of the resurrection bring you comfort and peace at this most difficult time. God bless you all.  
Bernie and Barbara Shafarzek and Lisa Shafarzek Dilcher and Karie Shafarzek Robertson.

**Barb and Bernie Shafarzek** - June 09, 2020 at 08:17 PM

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“ Dear family please accept my heartfelt sympathies on the passing of your beloved Tom. He was long ago my childhood friend when he, his dad and Faith lived on Myrtle Ave in Albany. Tom was a great kid and his going off to Cranwell was a real loss for me. Faith was as good a sister as I've ever seen- loyal, protective, loving and oh so watchful of her little brother- how I admired her as a complete person yet she was a young girl herself. Rest well Tom you led an outstanding life. Brian Barr

**Brian Barr** - June 09, 2020 at 11:10 AM

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“ Mrs. Forrest, Charlotte, John, Tommy and family,  
  
I offer my condolences on the loss of your husband and father.  
  
Valerie Sowinski (Miss Sowinski - AHN)

**Valerie Sowinski** - June 09, 2020 at 09:16 AM

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“ Tom and Kristin and all the Forrest Family,  
  
I remember your Dad fondly and I am so very sorry for your loss. Hold tight to your wonderful memories.  
  
Maureen O'Brien and Family (Albany, NY)

**MAUREEN O'BRIEN** - June 08, 2020 at 07:38 PM

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“ Sue, you and Tom were our first friends we made in Moss Creek that first summer 2 years ago. John and I loved getting to know you both and enjoyed the time we spent with you and Tom. My only regret is the time we lost due to this pandemic and social distancing. I am praying for you and your family, and of course Tom. May he RIP.



**Kathy Sabo** - June 08, 2020 at 02:54 PM



“ Sue, I like the photo in the Times Union. That is the Tom that i remember. A big smile.

Passing as he did is the way we would all prefer. I am glad he did not suffer for months as some do. Mary Anne and I cherish the dinners at The Roost with the two of you, and the visit to your place up north. Mostly, I remember all he swimming days when we were lifeguards. Please give my thoughts to the family and let them know what Tom meant to us. Where will he be interred? He can go to Saratoga National where I am a part of the Honor Guard. If so, please let me know. Our very best to you. Stay healthy.

Peter Noonan

**Peter Noonan** - June 08, 2020 at 12:24 PM

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“ Patty and I are so sorry to hear of Tom's passing. He was a great mentor and friend during the 20 years that we worked together, and he will be missed. Our thoughts and prayer are with all of you.

John and Patty Beaumont



**John and Patty Beaumont** - June 08, 2020 at 12:21 PM

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“ To the Forrest and Turner families  
I was so sorry to hear of Tom's passing. Sounds as if you all had a full and happy life together. In time i think that makes it easier.

Warm hugs to you all,  
Gayle Faughnan

**gayle faughnan** - June 08, 2020 at 11:19 AM

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“ On behalf of Academy of the Holy Names, please accept my heartfelt sympathy at this time of sorrow and loss. Tom shall remain in our thoughts and prayers.

**Susan Tobin, Director of Development** - June 08, 2020 at 10:33 AM

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“ My condolence to the Tom Forrest family, served with Tom on the Albany YMCA board a fine gentlemen. Joe Early

**joe early** - June 08, 2020 at 09:21 AM

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“ Please accept our deepest sympathies. We have Tom and the entire family in our thoughts and prayers.

**Tom & Leah Tyrrell** - June 08, 2020 at 08:24 AM

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“ Sue, I was so sorry to hear about Tom. He was a wonderful man. We had many years of fun at the Roost playing golf and tennis. I miss you and think about you often.

Marcia Fitzgerald

**Marcia Fitzgerald** - June 07, 2020 at 01:22 PM

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“ What a gift to know Tom (and Sue) when they visited Tom and Kristen! Tom was interested in our family, lives and always had a great hello. I appreciated his support during my own loss. Love, support and caring to the family  
Charlotte Covington, Nashville TN

**Charlotte Covington** - June 07, 2020 at 12:46 PM

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“ It was a pleasure to call Tom, a friend, with his dry sense of humor and love of sports. He will be missed with his duffer group of Golf friends, and the Duffer Irish party will not be the same without his music and his singing.  
I can see him now with his three step golf swing on the tee. I will be looking forward to Playing with him on the next golf course.  
God bless to our Irish friend  
Paul and Carole

**Paul Griffith** - June 07, 2020 at 11:50 AM

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“ We are shocked and saddened by your loss, dear Sue. His obituary captures his spirit, but we have our personal glimpses of memories of his humor while handing out golf tournament awards, as well as his serious engagement in political discussion. We offer our warmest personal (virtual) hugs and love to you.  
Richard and Janice Hezel

**Richard & Janice Hezel** - June 07, 2020 at 11:29 AM